

NEWSLETTER

March 2020

THE RETREAT

Hair and Beauty Salon

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St Patricks Day... Celebrate with us on Tuesday 17th March

Do you have the luck of the Irish?

Have a treatment done on this day and you get to have a go at our **free lucky dip to win a hair or beauty treatment**. Is it your lucky day?

Mothers Day...

Treat your mum this Mothering Sunday...22nd March

Give your mum a Gift Voucher worth £50 and only pay £35!

She can then choose to book any treatment of her choice or use the vouchers to buy her favourite hair and beauty products.

Gift vouchers are valid for 6 months.

Mothers Day Treat...19th – 26th March

Thalgo Silicium Facial ONLY £45, usually £70! 70mins

This super lift facial defies signs of ageing! Smoothing and illuminating the skin, plumping lines and wrinkles and giving a lift effect to tighten slacken skin. Relaxing, result driven and perfect for anyone age 40 and over.

Don't forget we have the perfect gifts for your mums this Mothers Day, including our **Steam Creams**. Great value at only £13.95!

Or why not try our **Spongelle** shower sponges between £6.50 - £10.50 plus Spongelle Hand Creams.

We also have Jessica nail sets, Thalgo gift sets and our beautiful Soy Lights Candles and Reed Diffusers.

NEW Iles Pacifique Spa Ritual Launch

Tuesday 31st March 9.30am – 5.30pm

Experience this NEW exotic taster spa ritual inspired by the islands of the Pacific Ocean. This luxurious 30 minute treatment begins with a Lagoon inspired azure footbath to protect and hydrate the skin and a vanilla scented body scrub to gently exfoliate before the Mahana Back Massage loosens muscles and nourishes the skin with a rhythmic massage using warm sand pouches. Pure luxury with exotic holiday scents to lift your spirit and leave you feeling rejuvenated and fully relaxed.

This treatment will be carried out by Hannah, our Thalgo Specialist from Head Office.

Just £25, payable when booking to secure your limited space. The booking fee is then redeemable against any Thalgo products purchased on the day giving you the treatment completely FREE! Also take home a fantastic FREE Goody Bag. Allow 45 minutes for the appointment.

DAWN DONOVAN AESTHETICS

We've had a very successful launch of our New Aesthetic treatments and Lash Extensions with Demo's and lots of happy customers now wearing some fabulous lashes, brows, lips and glowing skin. Look out for NEW Advanced Skin peel offers coming next month!

Dawn will working with us every Thursday doing cosmetic aesthetics. Highly experienced and qualified in many aspects of the beauty industry. Treatments she offers are Lashes (Classic, Russian Volume and Hybrid), Advanced Facials including Dermafix Skin Needling, Glycolic Peel, Dermablading and HD Brows.

Plus Permanent Make up, Microblading/Digital Brows and Lip Liner/Lip Blush.

March Offers...

This month we are launching our NEW CACI Hand Rejuvenation... 5th – 31st March

Our brand New 30 minute CACI Rejuvenating Hand Mask is an intensive skin conditioning glove that is applied to the hands to hydrate and nourish the skin. CACI's new electro gloves are then fitted over the Rejuvenating hand mask and when activate with our Ultimate system deliver tiny electrical impulses that helps to improve skin firmness and boost circulation. This amazing treatment plumps the skin, soothes, hydrates even the driest of skin, helps to eliminate age spots and renews the hands.

❖ **CACI Hand Rejuvenation Course... HALF PRICE!**

Book a course of 10 30minute treatments for ONLY £100 to achieve long lasting youthful hands. A saving of £100!

2 treatments per week are required for best results. This treatment can then be booked monthly as maintenance to keep results.

❖ **FREE Hand Rejuvenation treatment when you combine it with any CACI facial... A saving of £20!** (limited to one per person)

❖ **Add the Hand Rejuvenation treatment to any Thalgo facial for Just £10! A saving of £10!**

❖ **Take home a NEW CACI Hand Rejuvenating Mask with any Manicure, Pedicure or Hair Appointment for ONLY £5, usually £7.50**

Perfect to use at home as part of your regular hand routine or in between your hand treatments. These hydrating gloves contain powerful ingredients including Hyaluroinc acid, Hydrolysed Collagen and Shea Butter to help combat signs of ageing by softening the skin and smoothing the appearance of fine lines.

Sign up to our mailing list to keep up to date with offers and events. Just email enquiries@theretreat-hairandbeauty.co.uk

News, Treatments & Products...

News...

February in summary... We have had our best February to date, doing lots of lovely Hot Stone treatments as well as our usual popular nails and hair. We have also been planning ahead for the year, with 2020 launching lots of new exciting treatments and products. We have our NEW CACI Hand Rejuvenation treatment, our NEW Iles Pacifique Massage Ritual, Dawns Cosmetic Aesthetic treatments and Lash Extensions plus there'll be new facials coming this year, some fantastic new products, a re-brand for Soy Lights which will now be known as Flaming Wolf and more!

At home we have not stopped! Henrys 5th birthday was on 1st February so we kicked off the month celebrating with his party and some days out. Bella has now started Pre School so once her settling in sessions are over I may gain some 'free time'. We've been to Jump Trampoline park, Clip N Climb, Manic monsters, Hever Castle, Little Street plus some lovely meals at Cattle and Cocktail and Gurkha Kitchen with friends and a visit to Ginistry Gin bar. I've enjoyed the training sessions we have had learning some new treatments and busy with lots of meetings with suppliers for new things appearing in the salon soon.

Sarah xx

Follow us on our facebook page to keep up to date on our adventures and see our photos.

Products...

Nail Colour of the Month... March...Silk Sari... A glittery Barbie spring pink.

Get **20% off** your manicure and pedicure appointments when you have this colour. Only available in Gel.

Spongelle...NEW sponges available which make the perfect Mothers Day or Easter gift. From the **NEW Flower Child Collection** available in Poppy, Daisy and Tulip RRP £11

NEW Travel Cases for your favourite sponges also now in stock RRP £5

Soy Lights Home Fragrances... Changing to THE FLAMING WOLF CANDLE CO.

Now in Stock... A full range of candles and reed diffusers including 4 new scents, Fairy dust, Lemongrass and Ginger, Cuban Tobacco and Oak and Rocksalt and Driftwood RRP £3-£21.50

NEW We also now have our favourite signature scent Black Pomegranate available in a **HAND WASH AND HAND AND BODY LOTION** as well as every size candle and reed diffuser. £12.95 Duo's now available!

Plus, **NEW FOR MOTHERS DAY**, our feature fragrance Damson Plum, Rose and Patchouli Pink Candle and Reed Diffuser with natural reeds and Rose Gold top for an elegant gift set with Pink Godiva Chocolate Just £22.50! The Perfect Mothers Day gift set.

These natural vegan fragrances are pet and allergy friendly and contain no toxins. They truly scent your home.

NEW Steam Cream designs now in stock! £13.95 limited edition tins. Use on hands, Feet, Face, Body and Hair. Suitable for all ages, even babies. 100% natural and vegan. Take a look on our facebook page for designs.

Jessica...We have 6 beautiful NEW shades arriving this month from the **NEW Indie Fest collection** including some gorgeous peach tones, elegant gold, cool blue and cream. Available in Midi and Gel.

NEW Signature Brow Styler. Beauty in Balance fro brows that work in harmony. Effortlessly enhance your brows with this new brow styler featuring a gentle 'microblade-effect' applicator. Available in 6 shades to suit all brows. Quick drying and smudgeproof gives buildable volume for balanced brows. RRP £16.50

CACI HAND REJUVENATION MASK Perfect to use at home as part of your regular hand routine or in between your hand treatments. These hydrating gloves contain powerful ingredients including Hyaluroinc acid, Hydrolysed Collagen and Shea Butter to help combat signs of ageing by softening the skin and smoothing the appearance of fine lines. RRP £7.50 or see our march offer

Treatments...

CACI Hand Rejuvenation treatment... See our March Launch offer for this amazing new treatment.

We launched our **Peeling Marin Facial** in January with great results. The world's first peel using fermented algae to give the skin radiance, smoothness and a 'new skin effect'. Instant results and only 30minutes. Home products are also available for those who want the results without having to come along for facials.

We will also be bringing in a **New Thalgo Ritual, Iles Pacifique Spa Ritual**. Working along the same idea as our other new rituals, this one is inspired by the islands of the Pacific Ocean offering a luxurious lagoon inspired foot bath, vanilla scented tropical products and rhythmic massage using warm sand pouches. We all thoroughly enjoyed trying this treatment during our training session and cannot recommend it enough for anyone needing some relaxation or feel like they need a holiday.

Dawn has hit the ground ruining with her launch of her aesthetic treatments with us. Dawn is a very experienced therapist and will be offering a full range of **cosmetic treatments including Lash Extensions, HD brows, Microblading and digital brows, dermaplaning and skin needling facials**. Pick up a leaflet and look out for further information on our website, facebook page and in salon. Launching soon, NEW Advanced Skin Peels!

Don't forget to pick up your **loyalty card** when you have an appointment. For every hair or beauty appointment you have, you receive a stamp which then gives you up to £20 off a treatment plus FREE File and Varnish worth £18 and an Eyebrow Shape. (excludes appointments with Freelancers)

The Team...

Staff profile March... Gemma... I started at The Retreat in January 2019 after 10 years at my last salon and am so far really enjoying it, being part of a great team and have been enjoying building up a great client base here. I qualified from The London College of Beauty Therapy and have carried on doing courses along the way, one of the things I love about my job is you can always keep learning new things. I look forward to seeing you all soon.

Recruitment...

We are busier than ever and still recruiting and looking for staff to join us on a full or part time basis to enable us to more flexibility in fulfilling your needs. We need experienced people who can work as a team and are qualified in hair/beauty. Reception cover is also part of the role. Must be able to work most Saturdays. Please send in your CV with some details regarding what position you are interested in: retreat.recruitment@gmail.com

We are looking for Freelance people to join our team including Hair stylists with their own client base who wish to rent a space. We are also always looking for anyone with unique treatments to offer who wish to use a room. We are very competitive with rates and can work on a fixed or commission basis to suit each freelancer. Please contact us for more information.

Salon Info

Data Protection... Please allow extra time before your appointment to fill in a new Consultation form. We have to comply with the new Data Protection Law and therefore need new consultation forms filled in by all clients on arrival. This gives us permission to hold your personal data for our personal use which we will never pass on to any third parties.

Social Media... Please like our **Facebook** page to keep up to date with all latest offers and news. We regularly post any updates and news as it happens so its a great way for us to communicate with our clients. We also post last minute offers so please like our page and we would be so grateful to anyone who shares our page, leaves a review or checks in to us so we can promote our lovely salon. [@TheRetreatCR0](#)

Gift Vouchers... Please be aware that we cannot extend **gift vouchers** beyond the expiry date. They are valid for 6 months from date of purchase and can be redeemed against products or treatments. Please make sure you book in advance to avoid disappointment. Every year we have lots of clients who leave booking until the last minute then are unable to get an appointment or their vouchers expire. Please book as soon as you get your vouchers to avoid disappointment. We can take bookings in advance for the whole year so even if you don't wish to have an appointment straight away, call and book in advance.

Cancellations... Please be aware that we have a 24 hour **cancellation policy**. If we have less than 24 hours notice, we will charge 50% of your treatment price. This is to ensure we have spaces to fit you in to avoid disappointment. Please call the salon to cancel as we cannot always pick up emails and messages instantly. If we cannot answer the phone then please leave a message.

Book Swap... Don't forget our **Book Swap** in the Relax Lounge. Simply bring a book, place it on the shelf and take one of ours home with you.